

**CANDIDATE FOR NOMINATION—BIOGRAPHICAL INFORMATION  
VIRGINIA PHYSICAL THERAPY ASSOCIATION**

**Name:** Sarah Schmidt  
**Candidate for:** PTA Caucus Representative

**District:** Blue Ridge

**Professional Education (school, degree, year):**

(Jefferson) College of Health Sciences, A.S. in Physical Therapy Assisting, May 1998  
Tufts University, B.S. in Biopsychology, May 1995

**Present and Past Employment (title, facility, years):**

PTA, Physical Therapy@acac (Charlottesville, VA), July 2004-present  
PTA, Spectrum Therapy (Charlottesville, VA), October 1999-June 2004  
PTA, Laurels of Chatham (SNF in Pittsboro, NC), June 1998-October 1999

**VPTA Activity (state/district offices/committees):**

PTA Caucus Representative: October 2007-present  
PTA SIG Chair: October 2004-October 2008  
PTA SIG district chair (Blue Ridge District): 2000-present  
PTA SIG Treasurer: summer/fall 2001-October 2004  
Membership Committee (Blue Ridge district chair): October 2002-October 2004  
Continuing Education Approval Committee: 2004-2007

**APTA Activity (offices/committees/section/other involvement):**

Past member of APTA Orthopedic Section (don't remember dates)  
Current member of APTA Aquatics Section  
Awarded APTA Advanced Proficiency for the PTA (May 2007)

**Personal Statement:**

I have been a practicing PTA for 12 years now, being a member of the APTA for even longer. While living in North Carolina for a while after graduating from PTA school, I remained a member of the APTA, but was not an "active" member. After returning to Virginia and getting settled in Charlottesville, I began attending my district meetings. Since then I have taken on leadership roles within the VPTA, at times holding more than one position. I feel that with my years of experience not only in the VPTA, but also working in the field of Physical Therapy, I have a good knowledge base and understanding of the issues at hand for Physical Therapy Assistants. After serving as the PTA Caucus Representative the past three years, I have a much better understanding of the way the governance system of APTA works as well as the PTA issues on a state and national level. If I am re-elected to this position, I plan to take the best interests of the PTAs in Virginia, along with my own knowledge and experience, and give guidance within the PTA Caucus as well as to the Virginia PT Delegation regarding issues that arise in the House of Delegates. Through this role, I hope to improve the communication of PTA issues between Virginia and the national level. I also look forward to being a part of the PTA Caucus as it continues to be involved with the development of the vision of the PTA within the APTA.