

CANDIDATES FOR NOMINATION— Vice-President

Name: Secili DeStefano PT, DPT, OCS
Candidate for: VPTA Vice President

District: Northern

Professional Education

2006 – 2007, Marymount University - Transitional Doctorate in Physical Therapy
1998 – 2001, Marymount University - Master of Science in Physical Therapy

Present and Past Employment

May 2010-Present, Bodies In Motion Physical Therapy - Reston, Virginia
Jan. 2003-April 2010, Physiotherapy Associates - Sterling, Virginia
May 2001- Jan. 2003, INOVA Rehabilitation - Centreville, Virginia

VPTA Activity

2009-2010, VPTA Delegate
2008-2010, Chair, VPTA Northern District
2000-2010, Attendee, VPTA Annual Retreat
2010, Attendee, Legislative Day
2007-2008, Chair, VPTA Northern District
2007, Recipient, VPTA representative for APTA Emerging Leader Award
2006-2007, Director, VPTA Northern District
2006, Pilot, Shenandoah University Job Fair fundraiser for the VPTA Student Relations Committee
2001-2003; 2005-2006, Chair and Auction Captain, VPTA Northern District Ways and Means Committee
2005-2007, Member, VPTA Non-Dues Revenue Taskforce
2004, Founder, VPTA Student Special Interest Group
2002-2006, Chair, VPTA Student Relations Committee
2003-2004, Member, VPTA Payer Relations Committee
2000-2007, Attendee, VPTA Annual Conference and Exposition
1999, 2000, Chief Delegate, VPTA Annual Student Conclave
1999, Charles Harker Memorial Fund Intern, Government Affairs and Women's Initiative Departments
1998-Present, Member, VPTA

APTA Activity

2007, Panelist, APTA Annual Conference and Exposition, *Why Mentoring: A Members Mentoring Members Professional Issues Forum*
1999-Present, Member, several APTA Sections
2001, Selected Attendee, APTA Component Leadership Seminar
1999, 2001, Attendee, APTA Federal Government Affairs Forum
2000, 2001, Attendee, APTA Combined Sections Meeting
2000-2001, Director, APTA Student Assembly Component
2000, Presenter, APTA National Student Conclave
2000, Usher, APTA House of Delegates
1999, 2001, Key Contact, APTA Federal Government Affairs Forum
2000, First Annual Recipient, APTA Outstanding Student Liaison Award
1998-Present, Member, APTA

Personal Statement Follows

WHY ME: There are many internal and external challenges facing Virginia PTs, PTAs and students today. I believe that I bring a set of experiences, which demonstrate a progression of leadership experiences and perspective that relates to the diversity of our membership. My strengths and my local, state, national, and international experiences are well suited to face these challenges and represent you as Vice President (VP) of the VPTA.

A FEW of MY GOALS FOR VPTA:

1) Communication/Collaboration:

- We must improve communication and collaboration within our profession and with audiences outside our profession.
- We must build cohesiveness within our organization, so we can face the challenges outside our organization.

2) Count the cost:

- We must maintain fiscal viability internally within VPTA and externally as a profession in the face of increasing time barriers and budgetary constraints.

HOW MY EXPERIENCE FITS: We can meet the above goals by committing to excellence in our leadership. What I have to offer is my enthusiasm and progressive leadership experience. My initial experience began as a student at the national level with APTA. I then developed my VPTA experience through my service as a committee chair, district director and chair, delegate and active member of various committees and task forces. I have also traveled overseas, assessing and learning from what our profession is doing abroad. With these local, state, national and international experiences, I believe I now have the skills to serve you on the VPTA Executive Board as your VP.

My everyday roles in practice as a dedicated clinician, patient advocate, researcher, and clinical and adjunct faculty educator have expanded my knowledge of our profession. Like many of you, I also hold other roles as a wife, mother, daughter and volunteer. Balancing these many roles requires successfully navigating the challenges of everyday life with ever-changing daily scheduling demands, unpredictable hurdles and illnesses, concerns about clinical education, clinical development, budget crises, reimbursement struggles and clinical and familial expansions. Others have commented that I am able to balance these roles successfully with my enthusiasm, persistence, perseverance, and dedication. I would love the opportunity to serve you as your VP and I believe that together we can motivate one another to achieve our collective goals successfully. *“The achievements of an organization are the results of the combined effort of each individual”—Vince Lombardi.*