

SPECIAL
POINTS OF IN-
TEREST:

- Get involved with your professional organization
- Learn how to apply for a SSIG office
- VPTA Stipends and Scholarship for students
- Join the SSIG Facebook Page today
- Whats new and exciting in our profession?

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What is the SSIG anyway?

SSIG in the VPTA stands for Student Special Interest Group. SSIG is an assembly of PT and PTA students who are elected to represent you! The main purpose of SSIG is to be YOUR connection to the VPTA! The SSIG provides a way for the VPTA and students to exchange information regarding current topics, concerns, and updates the profession of physical therapy in Virginia may have. Not only does SSIG keep you abreast with the latest VPTA issues, it also serves as a way for students to expand their role in their chapter, the association, and physical therapy as a profession. In addition, SSIG is directly responsible for relaying your concerns directly to the VPTA!

Want to be a part of SSIG?! SSIG elections will start in late August-mid September. See next page and our website for details. SSIG will notify your school when the election process starts this year so keep your eye out and get involved in your profession!



**VPTA Student Special Interest Group
At Annual Retreat 2010**



APTA Logo Contest

YOU COULD WIN \$250

The APTA has decided to update their logo to relate more to the “move forward” campaign and vision 2020.

APTA recommends that the logo contains 1) an acronym, 2) a logo type, 3) a symbol, 4) a tagline. The acronym quickly identifies the association name, the logo type spells out the association name and the symbol visually represents the APTA and VPTA. The tagline helps define the purpose for the organization and people it represents.

For more information about the “move forward” campaign or vision 2020 visit www.apta.org

Email submissions and questions to Joey Meadows, Public Relations Chair
joeymeadows92@hormail.com
 Deadline October 1

VPTA Stipends and Scholarships

Did You Know....

The VPTA Student Relations Committee provides several stipends to Virginia students to travel to various local, regional and national physical therapy related conferences and meetings? Don't miss out on attending events such as the National Student Conclave, the APTA Combined Sections Meeting, or the APTA Annual Conference! Here is a listing of the various stipends available to students along with the deadlines for applying:

VPTA will award two \$100 stipends for those students who want to attend the **2010 VPTA Student Conclave in Herndon on Friday, October 15th - 17th** DEADLINE – SEPTEMBER 1, 2010

VPTA will award two \$350 stipends for SSIG officers only who want to attend the **2010 APTA National Student Conclave in Cherry Hill, NJ; October 29th – 31st.** DEADLINE – SEPTEMBER 1, 2010

VPTA will award two \$500 stipends for students who want to attend the **2011 APTA Annual Conference.** DEADLINE – MARCH 1, 2011.

VPTA will award two \$500 stipends for students who want to attend the **2011 APTA Combined Sections Meeting in New Orleans, Feb 9-12, 2011.** DEADLINE – DECEMBER 1, 2010.

Along with the student stipends, the VPTA also offers a scholarship to qualified minority students to go towards furthering their Physical Therapy education.

Just go to www.vpta.org/awards/studentstipend.cfm

Electing New Officers...

How can I run for the SSIG Executive Committee?

The Executive Committee consists of five members elected by the student-membership each year.

The BoD consists of a Chair, Vice Chair, Secretary, Treasurer, and Director.

There are also three (3) members of the nominating committee. Each officer serves a term of one year, and may not serve more than one year in any one position.

Visit www.vpta.org and click on the students tab for information regarding positions, responsibilities, and application process. Please have all information emailed in to the nominating committee

by **September 15, 2010.**

Nominating Committee reps:

Jen Feild—jfeild001@odu.edu

Emily Siazon—esiaz001@odu.edu

Tom Toothaker—tcoll018@odu.edu

NEW PT Program in Virginia!

New Virginia DPT Program Launched at Lynchburg College!

Hey fellow students! You may or may not be aware that Lynchburg College is set to kick off one of the state's newest Doctor of Physical Therapy programs this upcoming fall. The program is being led by Kevin E. Brueilly, PT, Ph.D. with the assistance of several well qualified professors. For more information regarding the new DPT program at Lynchburg

College, please feel free to visit their website <http://www.lynchburg.edu/dpt.xml>

The SSIG would like to send a warm welcome to Lynchburg College and their inaugural DPT class as they join the rest of the Virginia DPT programs and the VPTA in continuing to make the State of Virginia a leader in Physical Therapy education!

www.lynchburg.edu

Joining the APTA and VPTA...what's in it for me?

- Have a voice in your profession!
 - When you join the APTA you automatically become a member of your chapter (state) association - and in Virginia there is no additional membership fee for students!
 - If you are a member of the APTA when you graduate, you will receive a 50% discount on national and chapter dues AND complimentary registration to Preview 2020 or APTA's Annual Conference and Exposition.
 - Complete access to APTA publications: PT Bulletin Online, PT Magazine, and Physical Therapy Journal as well as The Virginian, which is our state journal.
 - Online career center both on the APTA and VPTA websites
 - Tips on resume writing, interviewing, and negotiating
 - Did you know that... 79% of your national dues are TAX DEDUCTIBLE for 2010? For Virginia PTs, dues are \$1.04 a day—less than a no-frills cup of coffee at Starbucks. For Virginia PTAs, dues are \$0.68 a day—less than a pack of M&Ms.
- Please consider renewing your membership! Call 800/999-2782 x 3395.**

Membership Benefits: Worth Every Penny

Membership dues—are they worth it? Take a look at the chart below. You will see that the benefits of membership outweigh the cost—especially if you consider all the benefits that can't be assigned an exact value.

	A member pays:	A non-member pays:
PT National Dues	\$295 (student: \$80)	\$0
PT VPTA Dues	\$85 (student: \$0)	\$0
PTA National Dues	\$190 (student: \$80)	\$0
PTA VPTA Dues	\$60 (student: \$0)	\$0
Sample Benefits:		
VPTA Annual Conference (17.25 Type I CEUs)		
PT advance registration	\$425 (student: \$140)	\$595 (student: \$180)
PTA advance registration	\$315	\$440
Student Conclave	\$45	\$65
<i>PT Magazine</i>	Free	\$89
<i>PT Journal</i>	Free	\$99
Hooked on Evidence	Free	\$100
APTA Cont Ed Online Courses 6 courses: total of 14.5 hours free to members	Free	\$513
<i>Guide to PT Practice</i> (textbook + CD)	\$125	\$250
Brochures 25/package	\$15	\$26
APTA Audio Conference CD	\$79	\$149
Specialist Certification (PT only)	\$1,300	\$2,370
Certified Clinical Instructor	\$70	\$140
VPTA Reimbursement Specialist Assistance	Free	Members only
Legislative updates through the VPTA A-Team listserv	Free	Members only
VPTA Newsletter— <i>The Virginian</i>	Free	Members only
PT Total:	\$2,394	
PT Non-member total:		\$4,331
PTA Total:	\$854	
PTA Non-member total:		\$1,806

facebook®

Join our
group
today!

The table to the left is just a short list of activities for a year; the average savings is almost \$2,000 for a PT and \$1,000 for a PTA. What about all the other benefits that can't be assigned an exact value? How much do you value the benefits below?

- High-profile legislative and regulatory advocacy at the national and state level
- Representation at state meetings, including the Virginia Department of Health Professions and the Virginia Board of Physical Therapy
- Expertise in the areas of reim-

bursement and documentation

- Resources to help you market your services and manage your finances
- Access to Open Door— APTA's portal to evidence-based practice
- Access to district meetings and local continuing education

Top 10 Things We Learned at VPTA Retreat

1. How much manpower it takes to make this association work
2. How important organization of the VPTA is at the National APTA level
3. About hot topics in VPTA legislation
4. How to beat Dr. E at HORSE in basketball
5. How approachable experienced VPTA Members can be
6. Where our membership dues actually go
7. About the close connections between PT's and PTA's
8. How to get involved with committees and what they do
9. That flip cup is a great way to bond with VPTA members
10. That I have a voice in the VPTA

From the Students

Get in "The Loop"!

The Student Assembly is YOU—all 17,000 of our PT and PTA students, nationwide, representing the future of our profession and the APTA. Being in "The Loop" means being involved at any level in APTA—locally, state-wide, or nationally. There are many ways for **you** to become involved and connected as a student member of APTA. Get the most out of your APTA membership - get involved! Take a look at these opportunities and see which ones are right for you!

- Be a Core Ambassador or Representative

Help us spread the word about

the importance of student involvement.

- Submit an Article to the Student Assembly Pulse
- Serve as a Student Assembly Officer
- Attend National Student Conclave (NSC)

Network, learn, and have fun! This national meeting is planned especially for YOU!

- Intern at APTA
- Serve as an Usher During APTA's House of Delegates Meeting

- Serve as an Usher During APTA's Annual Conference
- Take the APTA Student Advocacy Challenge
- Join the Marquette Challenge
- Contact Your State Chapter - Volunteer!

Go to www.apta.org for more details on how to be involved in these events



PT Programs in VA

Hampton University
Marymount University
Old Dominion University
Shenandoah University
Virginia Commonwealth University
Lynchburg College

PTA Programs in VA

Jefferson College of Health Science
Medical Careers Institute
Northern Virginia Community College
Tide Water Community College
Wytheville Community College

UPCOMING EVENTS

VPTA Annual Conference

Oct 15-17 , 2010

Herndon, VA

VPTA Student Conclave

October 15, 2010

Herndon, VA

APTA National Student Conclave

Oct 29-31, 2010

Cherry Hill, NJ

Combined Sections Meeting (CSM)

Feb 9-12, 2011

New Orleans, LA

A word from the wise

**A few hot topic issues from John Miller,
VPTA Delegate and Legislative Chair.**

**1. Term protection legislation passed with
unanimous support in the legislature.**

**a. Chiropractors supported the legis-
lation**

**b. APTA awarded Virginia with the
2010 component award for Legislative ac-
tivities**

**c. This is directly due to the involve-
ment of many PT's, PTA's and students over
the prior 3 years.**

**2. Established coalitions and developed lines
of communication with other health care
providers**

**a. Consistent ongoing dialogue with
Physicians to improve healthcare in VA**

**b. Developing lines of communica-
tion between PT's and Chiropractors**

**3. Work with Department of Health on
regulations**

**a. Dealing with enforcement of Di-
rect access, term protection, title protec-
tion**

**b. Resisting kinesiotherapy licensure
and protecting Physical Therapy scope of
practice.**

**c. Dealing with traineeships and on line
continuing education**