



Find A Licensed Physical Therapist Near You

www.findapt.us

Enter your zip code and hit search to find PTs in your area.

If you need a PT with a specific expertise, you also have the option of narrowing your search based on specialty areas such as sports physical therapy, pediatrics, oncology, women's health, and more.

Additional Resources found at

www.apta.org/consumer

Brochures on specific conditions

Interactive Health Centers

Information on Insurance Coverage

Research Highlights

How to choose a PT



Created and provided by the
Virginia Physical Therapy Association (VPTA).

The content in this brochure is not to be altered without the expressed written consent of the VPTA.

The VPTA is a non-profit professional association representing physical therapists, physical therapist assistants, and students of physical therapy in Virginia. VPTA is a chapter of the American Physical Therapy Association, a national organization representing more than 70,000 physical therapists, physical therapist assistants, and students of physical therapy.



Physical Therapy

**Virginia Physical
Therapy Association**

**Your Choice
Your Voice**



Your Choice Your Voice

In today's healthcare system, patients have choices about their care.

Did you know that you have the right to choose any physical therapy clinic or be seen by a licensed physical therapist (PT) of your preference?

Exercise that right by voicing your preference:

- If your physician refers you to a specific physical therapy clinic, you can still choose another facility or therapist.
- Your referral for PT can be accepted at any PT facility that you choose, depending on your insurance coverage.
- If you do receive services at a physician's office or physician-owned facility, insist that your physical therapy be provided by a licensed PT or PTA.



PTs and PTAs

Physical Therapists (PTs) are licensed health care professionals who:

- Diagnose and treat individuals of all ages.
- Work to enhance movement and your ability to accomplish daily activities.
- Examine and evaluate patients and plan therapy programs to improve movement, reduce pain, restore function, and prevent disability.

Physical Therapist Assistants (PTAs) are licensed health care professionals who:

- Provide physical therapy services under the supervision and direction of a PT.
- Work to improve your ability to move and perform daily activities.



Direct Access to Physical Therapy in Virginia

- As of May 2008, Virginia's Direct Access law allows patients to go directly to a licensed physical therapist that is certified to evaluate and treat a patient without a physician referral.
- Direct access to a physical therapist will allow you to be treated earlier, resulting in a quicker recovery and return to your normal activities.
- Your physician of choice will still be actively involved in your care.



***Remember...
Your voice is important!***