

VIRGINIA PHYSICAL THERAPY ASSOCIATION INC.  
**THE VIRGINIAN**



## PT and PTA Students: Stand Strong and Be Heard

A line in an old country music song by Aaron Tippin challenged me when I heard it the other day. It goes, "you've got to stand for something or you'll fall for anything." I think we all agree we must try to rise to the moral challenge. But the line challenges me in another way—I believe it applies to us as students also. Sure, I've got classes, tests, a family, and tons of other things on my plate. But we are part of an *awesome* profession with clinicians and leaders in this state who are extremely supportive. They know that we are the future of the physical therapy profession, a powerful profession that utilizes the "science of healing" and the "art of car-

ing" to change people's lives.

Let's take advantage of that leadership. Our profession could change in a major way—not a good way—if we students and future clinicians are passive. Infringement, reimbursement, and access to our future patients are very real and constant battles. If we neglect our responsibilities, we'll get passed by and reap the reward of our neglect.

I want to encourage—and challenge—each of us to take an active role in the advancement of our profession in this next year. No matter how small or large a part, you have a voice! Begin by asking your professors what's going on outside the class-

room, attending the District meetings, finding a mentor, and using your SSIG. And, by all means, guard the rights and freedoms you have...before you'll fall for anything.

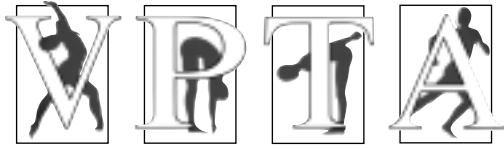
The SSIG is looking for representatives for each class from every school (PT and PTA). If you'd like to serve as a liaison, contact a SSIG officer. We also welcome you to visit our new Web page ([mywebpage.netscape.com/ssigva/VPTAssig.html](http://mywebpage.netscape.com/ssigva/VPTAssig.html)) and give us your feedback. We are here for you!

*Kevin Ford, SPT, CSCS  
SSIG Chair*

# Surf's UP!

**Earn Type I contact hours at VPTA's Annual Conference  
October 11-13, 2002 in Virginia Beach**





*The Virginian*, the newsletter of the Virginia Physical Therapy Association, is published twice yearly. The deadlines for submission of materials for the Summer and Fall newsletters are April 15 and July 15. Four-page newsbriefs are published Spring and Winter.

## Diagnosis and Treatment of Movement Impairment Syndromes—Level I

As developed by  
Shirley Sahrman, PT, PhD, FAPTA

**July 20 and 21, 2002**  
**HEC Building**  
**Sentara Virginia Beach General**

### Instructor:

Theresa Monaco Spitznagle, PT, MHS  
Program in Physical Therapy  
Washington University School of Medicine

**Cost: \$250    Limit: 50 Participants**

**For a brochure contact: Caci Gilden, MPT**  
**757-425-6234 • chgilden@sentara.com**

# VIRGINIA PHYSICAL THERAPY ASSOCIATION 2002

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\* *BoD members also serve as District Chair in their respective Districts.*

## Calendar of Events

DATE	EVENT
June 5-8	PT 2002: The Annual Conference & Exposition of the American Physical Therapy Association, Cincinnati, Ohio
July 15	Deadline, <i>The Virginian</i> , articles for the Fall Conference Issue
July 15	Deadline, Applications for VPTA student stipend to attend APTA National Student Conclave and to attend VPTA Annual Conference
July 15	Deadline, Abstracts for Presentation at VPTA Annual Conference
August 15	Deadline, Nominations for VPTA Awards Sept 30 Deadline, Applications for VPTA student minority scholarship
Oct 11-13	VPTA Annual Conference & Student Conclave, Virginia Beach
Oct 12	VPTA Annual membership meeting and chapter elections
Oct 15	Deadline, <i>The Virginian</i> , articles for the Winter issue
Nov 1	Deadline, Nominations for APTA National Office and Mary McMillan Scholarship (except PTAs)
Dec 1	Deadline, Nominations for APTA Committees, Mary McMillan Scholarship (PTAs), and all other APTA Awards

## Finance Committee Report

The Finance committee continues to operate on many levels: evaluating past performance, monitoring current performance, and developing future budgets.

Past performance is being evaluated in two ways. An internal peer review will be completed by the time you read this and will determine if procedures are followed that safeguard the Association's fiscal resources. Past performance is also evaluated by means of a year-end analysis of variances in program expenses and income. Both reports will be completed and available at the Annual Conference.

The current fiscal year is monitored on an ongoing basis by the committee, composed of Sandy Conran, Cindy Cutright, Dave Emerick, and recent appointee Tom Mayhew. This current fiscal year has seen both dues and non-dues income below expectations. Fortunately, expenses are also down, which will minimize the impact of these reductions.

Development of the fiscal year 2003 budget is underway and will be finalized by the Board of Directors at their June meeting. The current market will dictate a conservative budget for the next fiscal year, which begins July 1, 2002.

The reserve fund remains strong at a value of \$281,578 in bonds, mutual funds, and money market accounts. The reserves are currently 100% of our operating budget—well above the recommended 50% for nonprofit associations.

*Sandy Conran, PT  
Treasurer*

## Call for Abstracts: 2002 VPTA Annual Conference

VPTA is currently accepting abstracts for consideration for platform and poster presentations at the 2002 VPTA Annual Conference, October 11-13, 2002, in Virginia Beach, Virginia. Presentation categories include research, special interest, theory, and case reports. We encourage all members who are engaged in direct research activities and/or innovative evidence-based approaches to practice to share your findings with your colleagues.

**Submission requirements** and guidelines are posted on the VPTA Web site ([www.vpta.org](http://www.vpta.org)) under "Research." Submission materials will be mailed to you if you call 703/706-3232 and leave your full mailing address information and phone number. The VPTA research committee reviews all abstracts. Abstracts are selected on the basis of compliance with the required content and format, intelligibility of the abstract, and the importance of the information to physical therapy. All abstracts accepted for presentation will be posted on the VPTA Web site prior to the conference. Awards will be made for best research presentations.

Call Rita Wong, Chair of VPTA Research Committee, with any questions at 703/284-5982, or e-mail her at [rwong@marymount.edu](mailto:rwong@marymount.edu). Mail all abstract submissions to Rita Wong, PT, EdD, Physical Therapy Department, Marymount University, 2807 N Glebe Road, Arlington, VA 22207.

**The Abstract submission deadline is July 15, 2002.**

## Call for Nominations

It's never too early to start thinking about potential nominees for local and VPTA offices. The following offices will be up for election in October:

Vice President

Treasurer

Nominating Chair: Northern, Central, and Tidewater districts

Delegates for 2003 House of Delegates

Delegate-Elect

RBNA Representative for 2003 RBNA

If you are interested in running for office, or know anyone who would be well suited for any of these positions, please contact your district nominating chair or the state nominating chair.

**Michael Richardson**  
State Chair; Southwest District  
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## Reimbursement News

The VPTA Annual Retreat in April 2002 was a really helpful and exciting event for those of us involved with the Reimbursement Committee. We were able to accomplish much in the short time we were together, including setting some tangible goals and strategies for accomplishing these goals. Here is a summary:

**The Communication Network:** We are continuing efforts to create, update, and expand our communication network of all VPTA member physical therapists, physical therapist assistants, and their office staff who are interested in exchanging information through an e-mail, phone, mailing, and fax network much like the system the Legislative Committee uses. Many of you have already indicated a desire to be part of this network, and we are working hard to include all who have shared their contact information with us. **By now those of you who are currently on this network should have received at least 2 e-mails from us, concerning the events of the Annual Retreat and the Trigon iontophoresis issue.**

Please bear with us if you have given us your name in the past but are still not on our list. Computer problems have made this more of a challenge than we anticipated. If you have not received any communications and would like to, please send your name, mailing address, contact phone, fax, e-mail, district, title (PT, PTA, or office staff), and any area of billing in which you are experienced (such as pediatrics, home health, etc) to Colleen Whiteford. E-mail [cwhitefd@aptfc.com](mailto:cwhitefd@aptfc.com) or fax 540/901-8773.

**The Reimbursement Packet:** We are currently working to create a packet of information that will be available to all interested VPTA members and their staff. This packet will include information on how to more effectively communicate with third-party payers, educating staff and patients on how to affect positive change concerning physical therapy coverage, communicating with human resources personnel and others in a position to determine benefits, resources available, and more. Our goal is to equip as many people as possible across the state with techniques for enhancing coverage for physical therapy. We hope to have this ready soon and will notify all VPTA members when it becomes available.

**The VPTA Annual Conference:** We are planning to do a program at Annual Conference the morning of Friday, October 11, 2002. The program will cover various topics related to reimbursement. More information will be available later.

This is an exciting and busy time for all of us in the Reimbursement Committee and the VPTA. We look forward to accomplishing much this year.

*Colleen Whiteford, PT, OCS, and  
Brian D'Orazio, PT, MS, OCS  
Co-Chairs, Third-Party Reimbursement  
Work Committee*

# RICHARD JACKSON SEMINARS

*Richard Jackson Seminars is pleased to  
announce the following*  
**2002 COURSE SCHEDULE**

## THE PELVIC GIRDLE

Feb. 22-24, San Francisco, CA  
March 1-3, Indianapolis, IN ★ June 21-23, Reston, VA  
Oct. 25-27, Las Vegas, NV  
Nov. 8-10, San Francisco, CA ★ Dec. 6-8, Seattle, WA

## FUNCTIONAL RELATIONSHIPS OF THE LOWER HALF

Apr. 5-7, Chicago, IL ★ May 17-19, Las Vegas, NV  
July 26-28, San Francisco, CA ★ Sept. 13-15, Reston, VA  
Oct. 4-6, Minneapolis/St. Paul, MN  
Nov. 22-24, San Diego, CA

For more information or to sign up, visit our website at  
[www.rj-seminars.com](http://www.rj-seminars.com) or call toll free 888-889-6363.



## SECTION ON WOMEN'S HEALTH 2002 Regional Courses

Check out the Section on Women's Health courses  
coming to an area near you!

**LEVEL 2 - Intermediate Pelvic Floor Dysfunction**  
April 5-7 • Philadelphia, PA • October 3-5 • Akron, OH

**LEVEL 2 - Visceral and Urogenital Manipulation as  
Applied to Women's Health**  
April 19-21 • Birmingham, MI • July 19-21 • Keene, NH

**LEVEL 2 - Pelvic Pain: A Multidisciplinary Evaluation and  
Management Approach**  
TBA • Las Vegas, NV • September 27-29 • Cape Cod, MA

**LEVEL 2 - Male Incontinence for the Physical Therapist:  
Mechanical Causes and Disease Effects Rehabilitation, Patient  
Education and Self Help**  
October 19 • Baltimore, MD

**LEVEL 1 - Soft Tissue Mobilization and Manual Techniques  
for Pelvic Girdle Dysfunction**  
May 18-19 • Green Bay, WI • November 2-3 • Baltimore, MD

Complete course listing and registration forms for the  
2002 Section on Women's Health, APTA Continuing Education Courses are now  
available. Please visit the **Section on Women's Health website** at  
[www.apta.org/womenshealth](http://www.apta.org/womenshealth), call APTA's "Fax on Demand" line at 800/399-  
2782 and ask for document #403, or call the Section on Women's Health at  
APTA at 800/999-2782 ext 8588 to receive a course brochure.

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